

Outside Activity

Created by: Thorne Nature Experience



Be-a-Camera Game

Slowing down and noticing what is around us is a good way to stay grounded in chaotic times. This fun game helps children to notice things in nature that they might not have otherwise and is a good way to engage two kids at once!

1. Pick one person to be the “photographer” and one to be the “camera.”
2. Ask the “camera” person to close their eyes. The photographer will *gently* guide the camera person around the yard or outdoor space.
3. When the photographer sees something neat, they guide the person who is the camera towards it. When they are close to it, the photographer taps the “camera” person on the shoulder, signaling them to open their eyes for just a few seconds to “capture” the image. After 3 seconds, the photographer taps the “camera” on the shoulder again, signaling them to shut their eyes again, before moving on to the next place.
4. After the “camera” has taken a few photos, the photographer should guide them back to the center of the space and have them open their eyes again. The “camera” can then guess where their images were taken!
5. Switch roles and do it again!!

