

Outside Activity

Created by: Thorne Nature Experience



Bird Feeder

Materials Needed:

- pine cone or toilet paper roll (we have a lot of them these days!)*
- peanut butter (or sunflower butter if child has allergies)
- bird seed or other types of seeds, oats or grains

Instructions:

1. Spread a generous amount of peanut butter or nut butter all over the pine cone or toilet paper roll.
2. On a plate, have the bird seed ready to coat your toilet paper roll or pine cone.
3. Lastly, tie yarn or string to the feeder and find the perfect place to hang outside your window or in a tree!
4. Bring your feeder in at night so you don't attract other wildlife, like hungry bears and raccoons looking for food in the snowy spring!

Don't have bird seed laying around at home? Birds love to feast on many common pantry items like raisins, pumpkin, melon or squash seeds, berries, or crushed up eggshells. Eggshells are high in calcium and good for female birds this time of year before they start nesting!