

Outside Activity

Created by: Thorne Nature Experience



Interview with Nature

This activity uses your imagination! Choose a rock, plant, animal or natural feature that you think may have an interesting story to tell!

1. Get to know your subject by observing its texture, shape or smell.
2. Questions you might ask a rock, natural feature or a plant:

How old are you? Where did you come from? Who comes to visit you? What events have you seen in your life? How do you benefit others? How do others help you?

3. Questions you might ask an animal:

Where do you live? What do you like to do every day? Do you have a favorite place to travel to? What do you want others to know about you? What do you like most about yourself? Who is your best friend?

Use your imagination to come up with the answers and listen quietly for thoughts that might tell you how your subject might respond.

