

Outside Activity

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Potions

Did you know plants have magical healing properties? We use plants for important things like medicine, textiles and paper. It's also been rumored that potions made from plants can give us super powers!

Do you want to be able to run speedy quick? Do you want to be able to read minds? Come up with your own recipes for your dream super powers using ingredients you find outside!

To get you started, here's our coveted potion recipe for Shape Shifting:

1. *An Animal Sign (feather, chewed leaf, etc.)*
2. *A pinch of soil from an animal track*
3. *Make your favorite animal noise to activate!*

What kind of creative recipe can you create? Happy potion making!

